

Arts4All Florida presents

# Parkinson's in Movement

Explore your artistic and creative movement capabilities with Parkinson's in Movement! This virtual series of classes through Zoom meeting and classroom technology will offer fresh and uplifting dance experiences based on the acclaimed Dance for PD program offered in 250 other communities in over 24 countries.

- Discover imaginative ways of stretching
- Learn fun choreographic ways to stimulate balance and sensory awareness
- Build a sense of community
- Open to participants with limited mobility, Parkinson's, or related conditions

All you'll need is a computer, tablet or phone with the Zoom app installed to get started. Once you register online, you will receive the login information for the Zoom classes.



Andrew Carroll holds a BFA in Dance, and an MA in Arts Administration. Mr. Carroll has an extensive background in the performing arts, which includes performing nationally and internationally for nine years as a soloist with the Pennsylvania Ballet Company in Philadelphia. He currently is a tenured professor of ballet at The University of South Florida, a requested international guest teacher and speaker, and has produced worldwide videos on social justice issues.

## Fall Sessions, 2023

**When:** Series of weekly classes on Wednesdays

**Fall I (4 sessions):** Sept. 6, Sept. 12, Sept. 20, Sept. 27

**Fall II (4 sessions):** Oct. 18, Oct. 25, Nov. 1, Nov. 8

**Holiday Session (3 sessions):** Nov. 29, Dec. 6, Dec. 13

**Time:** 11 am - 12 pm Eastern Time (US and Canada)

**REGISTER**  
**NOW!**

Arts4All Florida - Creating Connections to and through Accessible Arts. For more information, visit our website at [arts4allflorida.org](https://arts4allflorida.org). For specific access information, accommodation requests, and alternative formats, please contact [emilydixon@usf.edu](mailto:emilydixon@usf.edu)

